

Sophia Ampania

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DANCE

Momentum Dance Company (2021-2025) <ul style="list-style-type: none">• <i>Live in the Momentum 2022</i>• <i>Fantasy in Motion 2023</i>• <i>Love and Loss 2024</i>• <i>Beyond the Dream 2025</i>• <i>Night at the Museum - West Park Wonders 2025</i>	4 Year Member Director of Costumes	West Park High School
West Park High School Dance Team (2021-2025)	4 Year Member Co-Captain	West Park High School The Dance Gallery 2
Ms. Josie's Wild Wild West 2022	Can Can Girl Featured Dancer	

THEATRE

The 25th Annual Putnam County Spelling Bee 2025	Principal Dancer	West Park High School
Beauty and the Beast 2024	La Fillies de la Ville #3, Principal Dancer	West Park High School
Urinetown the Musical 2024	Principal Dancer, Mr. McQueen Swing	West Park High School
Into the Woods 2023	Principal Dancer	West Park High School
Bring it On! the Musical 2022	Principal Dancer	West Park High School

CHOREOGRAPHY

The 25th Annual Putnam County Spelling Bee 2025	Co-Choreographer	West Park High School
Willy Wonka Kids 2025	Associate Choreographer	Lights Up Summer Camp
Macbeth 2025	Movement Coordinator	West Park High School
Urinetown the Musical 2024	Assistant to the Choreographer	West Park High School
A Midsummer Nights Dream 2024	Choreographer, Movement Coordinator	West Park High School

EDUCATION

West Park High School Roseville, CA	Class of 2025 GPA - 3.8 Director of Costumes for Momentum Dance Co. 4th Year Member of Momentum Dance Co. Varsity in Theatre	Relevant Coursework includes: Dance 4 (4 years) Musical Theatre (3 Years)
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